



POWAI TARANG MARCH 2025

*Water, Sanitation And Hygiene Month
Sanskriti Theme: HOLI*



Cover Painting by Alamy



PRESIDENT *Speaks*



Rtn. Dr. Susan Tripathi
Club President

Dear RCBP Family,

In Rotary, the theme for **February** month is "**Water, Sanitation and Hygiene**". All the three factors are very important to have good health, promoting wellbeing and longevity.

Rotary clubs worldwide contribute to many projects in water, sanitation and hygiene. This is undertaken for public health and sustainable development, encompassing access to clean water, proper sanitation, and good hygiene practices. Through RCCs and various Community projects, Rotary Clubs emphasizes the teaching of basic sanitation and hygiene to communities and school children with a particular focus on girls' education and gender equality.

The Theme of **Sanskriti** this month is **Holi**. Holi is a major festival celebrated all over India... a festival of colours, fellowship, warmth and equality. People from all parts of India, toddler to elders, celebrate this festival with great fervour. One could relate this unity and bonding seen year on year to the on-going Rotary fellowship amongst Rotarians worldwide with the motto of "Service Above Self."



PRESIDENT *Speaks*

In February-25, we completed 25 projects, 3 fellowship events and 4 Meetings. We completed 15 medical camps in February completing the Vibrant Medical Camps of a century. Total medical camps organized this year is 100 and we've touched the lives of 14,143 beneficiaries. We thank L&T Realty and Larsen & Toubro Public Charitable Trust for providing CSR support for 100 medical camps in the Vibrant year.

We completed our Powai Fest Success celebration event, Sudoku and Scrabble competition and also Mr. Rajnish Vohra, our internal speaker shared his insights on "Budget 2025". We completed inauguration at Rathod home (CSR Partner Sugom Trust), Inauguration of Vocational centers at Bhadup (Yuva Parivartan - Jewellery training program for 50 Transgenders) and at Sangharsh Nagar (Manjhi Skilling - Beautician program for 50 young women) with CSR Support of CaratLane. We completed 8 Annapurna services in Feb-25.

We've successfully done many projects, programs and events with the enthusiastic support of our members and spouses and we've together kept our RCBP flag flying high 🙌🙌🙌🙌 My gratitude to all our member families.



PRESIDENT *Speaks*

Some good programs have been planned in the month of March-25... We have planned a great Charter Night event for our member families in a mint new venue "Taste of Punjab". Our own Mr. Vithal Suryavanshi is a speaker in our club meeting at Forest club meeting room on the topic "The Power of Dreaming Big" We will be completing review of 2 more ZP schools in Murbad, few other inaugurations are also lined up... Toilet block at Rambaug Police station, Powai, ZP schools Gondpada and Hatne in Manor for infra and ZP school Takichiwadi in Murbad. We also have our prestigious Official Club Visit (OCV) of our DG Rtn. Chetan Desai scheduled on Sat, 29th Mar, 25 at Rodas Banquet, Powai... a great day for us.

I look forward to your involvement, contributions & motivation as always.

Yours In Service,
Rtn. Dr. Susan Tripathi
Club President



MESSAGE FROM DISTRICT GOVERNOR RID 3141

Magic in Motion: The Vibrant Impact of Rotary 3141

As we move forward in this Vibrant year, the magic of Rotary continues to unfold through transformative projects that create lasting change and elevate our public image. The Mega Medical Camp at Chitrakoot Ground was a shining example, benefiting 50,000 individuals with essential healthcare services. Witnessing thousands receive life changing aid reaffirmed our belief that Rotary is where help meets hope.

The Powai Run, led by RC Mumbai Lakers, with 8,000 runners, was a spectacular public image initiative, while Magical Miles, spearheaded by RC Mumbai Ghatkopar West, united Rotarians from five districts to drive impactful projects—breast screening camps, Masik Chakra, and organ donation awareness.

At PRATIMA - the Rotary Public Image Seminar, we launched Rotary Wheel Stickers for mobile phones, a simple yet powerful way to showcase our Rotary pride. Meanwhile, Vimukti Yatra, a 10,000 km journey for addiction prevention and mental health, led by RC Addiction Prevention, is breaking barriers and creating awareness.



Rtn. Chetan Desai
District Governor
RID 3141



MESSAGE FROM DISTRICT GOVERNOR RID 3141

The Para Olympic Games, led by RC Borivli, have empowered communities and reinforced our commitment to inclusivity.

Now, our focus shifts to DISCON 2025: SAMANVAY - Confluence of Excellence on March 1-2, 2025, at Jio World Convention Centre, featuring the best minds in politics, technology, Bollywood, sports, business, and defense, with Sangkoo Yun as our honored guest.

Rotary is a movement, and each of us is part of its magic. Let's continue to serve, innovate, and lead—because together, we can; together, we will!.

Rtn. Chetan Desai
District Governor
Rotary District 3141 (2024-25)



MESSAGE FROM RI PRESIDENT



Rtn. Stephanie A. Urchick
RI President 2024-25

MARCH 2025

March is here, and for Rotary International, that means celebrating Water, Sanitation, and Hygiene Month — a time to shine a spotlight on one of the most transformative areas of our work.

This month is an opportunity to reflect on The Magic of Rotary and the profound impact we create when we come together with determination and purpose.

Years ago, I experienced this magic firsthand in the Dominican Republic. When a group of members helped people install

water filters, three children watched with amazement as dirty water entered one end of a filter and clean water emerged from the other. When we paused the demonstration, one child tugged at my sleeve and pleaded, "Show me the magic again."

To them, it felt magical. It was also the result of countless hours of effort — planning, transporting, and installing the filters — alongside local partners who were dedicated to making clean water accessible. In that moment, I realized that what seemed like a small act could change residents' lives. That is The Magic of Rotary.

This story is a testament to the incredible potential of our global family to create change. Water projects exemplify our reach, our partnerships, and our unwavering commitment to improving lives. Consider Rotary's work with USAID. That partnership has enabled us to work with communities and governments to improve access to



MESSAGE FROM RI PRESIDENT contd/-

sustainable water and sanitation services for thousands of people in the Dominican Republic, Ghana, the Philippines, and Uganda.

Partnerships remind us that Rotary's impact is amplified when we work together. Through our strategic alliance with the United Nations Environment Programme, we're advancing the Community Action for Fresh Water initiative. This program equips Rotary members with the tools and resources to protect, restore, and sustain freshwater ecosystems.

When we make use of Rotary grants and advocate for clean water in our communities, we create a ripple effect that extends far beyond individual projects.

As we embrace the spirit of the month, I encourage every Rotary member to seek out new partnerships. Collaboration multiplies our efforts and helps us reach more people in need.

Whether it's joining forces with local organizations, forming alliances with international agencies, or mobilizing your community, every step we take together brings us closer to a world where everyone has access to clean water and safe sanitation.

The Magic of Rotary shines brightest when we work in harmony with others to create lasting good. Together, we can turn dreams into realities that transform lives and communities. The result may feel like magic at times, but we know it's from the power of our collective commitment and compassion. Let's harness this magic to make a difference this month and beyond.



RI SPECIAL OBSERVANCE THEME–Water, Sanitation and Hygiene –Check Dam Desilting Project at Kalu River – By PP Rtn Vivek Govilkar

A check dam is a small dam built across a drainage ditch, streams, or small rivers to slow down the flow of water. Check dams are used to reduce erosion, maintain irrigation, and replenish groundwater supplies. During the rainy season, the rivers and streams get flooded. But in the case of many rivers, the water just flows downstream and they dry up within just a few months after the rainy season is over. A series of check dams on a river creates many reservoirs that hold the ground water till the next rainy season.

While the concept is simple and useful, there are some challenges to the long-term benefits of the check dams. Every year the rivers bring in a lot of mud. It gets accumulated as the dams are just plain walls without any gates or windows. Over the years the reservoir gets full with the mud and the capacity of the reservoir goes on reducing. It directly hits the nearby areas with the risks of floods during the rainy season. In the summer, it results in lesser water storage, thereby reducing the ground water benefits.

Periodic desilting of the check dam reservoirs is a solution to this problem. Rotary Powai undertook a 'Desilting Weir on Kalu River' project with Malati Vaidya Smriti Trust as the Execution Partner.





RI SPECIAL OBSERVANCE THEME–Water, Sanitation and Hygiene –Check Dam Desilting Project at Kalu River – By PP Rtn Vivek Govilkar

Wakalwadi is a small habitation of around 400 people and 80 households in "Khutal Baragaon" Gram Panchayat in Murbad Taluka of Thane District. The river Kalu flows very close to the village. The state government had constructed a weir on the river many years ago. The weir wall is about 3 meters tall, 1 meter wide and 70 meters long. The water storage capacity of the Kalu River check dam was seriously reduced, the river bed had become shallower. As a result, the river waters spread out and eroded nearby farm land after breaking the farm bunds erected by farmers at the boundary of their fields. This had rendered some farm land useless for sowing due to floodwater washing away the crops.

All the stake holders worked together on the project. In July 2018 the initial discussions were held. From Rotary Powai, President Hanuman Tripathi and Project Director Vivek Govilkar, along with Dr. Dhananjay Mahajan of Malati Vaidya Trust made several visits to the site along with the Sarpanch and other villagers. Desilting work can be done when there is minimum water in the reservoir. The months of April - May are ideal for that. In March 2019 all arrangements were finalized between the Rotary Powai, Malati Vaidya Trust and the villagers.

Pres. Rtn. Hanuman and Project Director Rtn. Vivek visited Murbad's distant villages in hot summer several times going down the riverbed to review the project feasibility and completion..





RI SPECIAL OBSERVANCE THEME–Water, Sanitation and Hygiene –Check Dam Desilting Project at Kalu River – By PP Rtn Vivek Govilkar

Removal of the silt was expected to give the following benefits:

- 1.A lot more water would accumulate behind the weir wall and the villagers could use this increased water in so many ways including growing vegetables in the farm lands near the river and for water supply to village during summer months.
- 2.The river bed would have increased depth and its waters would not spread out as much and the erosion would be controlled.
- 3.With the restoration of the large reservoir, there would be more fish. That would be good for fishing.
- 4.Their cattle would get sufficient water to drink and bathe.
- 5.The kids would have a natural swimming pool.

Due to the very large volume of the silt to be removed, the desilting work had to be done with earth moving machinery. We hired a Tata Hitachi Poclain 200 machine and several tractor trollies to remove silt. A realistic budget of Rs. 4,00,000 was approved to start with. The work was completed between 7th April 2019 and 20th April 2019. Approximately 1800 tractor trollies of silt were removed, which was all stones and sand. The stones and sand were used to create bund walls on the farmland so that the river did not erode the farmland. All the silt was piled up to form a bund for farmer's fields and to fill up the 3 inroads the river waters had made.

There was an inherent limitation to the activity. All the silt could not be removed in one go. Our estimate was that we had managed to remove about 25% to 30% of the silt from the reservoir. The rest needed to be removed to complete the job and would be taken up in the subsequent years as continuing projects.



Rotary
Club of Bombay Powai
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SANSKRITI- Holi -By Smita Madgavkar

Holi : The story behind Holi is linked to the legend of Holika and Prahlad, where Holika, the sister of the demon king Hiranyakashipu, attempted to burn Prahlad alive but was consumed by fire herself. Holi is celebrated as a symbol of victory of good over evil.

My family looks forward to celebrate Holi every year and Puran Poli is prepared as an auspicious sweet. This is first served to the family Gods as offering before we eat.

HOLI RE HOLI PURANACHI POLI : Puran Poli is probably prepared during Holi as the festival falls around the time wheat, gram and sugarcane are harvested. It is a traditional Maharashtrian sweet flatbread, and is enjoyed with a lot of ghee or warm milk depending on preference. It is also eaten by some with "Katashi Amti" which is a thin lentil soup made using the leftover water from the lentil filling of the Puran Poli, giving it a tangy and slightly spicy flavor that perfectly complements the sweet stuffing of the poli.





SANSKRITI- Holi -By Smiata Madgavkar

Recipe of Puran Poli

Ingredients:

Chana Dal Half kg

Jaggery Half kg

Cardamom powder as per taste and aroma

Maida / Whole wheat flour (atta)

Oil/ ghee

Method

Start by boiling chana dal in water until it becomes soft. The chana dal is strained and the extra water is kept aside to prepare "Katachi Amti".

Mix the boiled chana dal with equal quantity of jaggery and cook it to form a sweet, thick mixture. I normally put a serving spoon in the mixture...if the spoon stands straight, your "Puran" is ready. Keep it aside to come to room temperature. Once the Puran comes to room temperature add cardamom which gives the Puran its authentic taste and aroma. It is then ground to a fine paste.

The dough for Puran Poli is just as important as the filling. Here's the recipe:

1:1 whole wheat flour (maida) and atta (you can also use only maida) and a little oil. The dough should be made light and soft to ensure the final Puran Poli is tender and delicious. Keep the dough aside for an hour or so to become tender and soft. Roll out into flatbread with the puran stuffing and cook with oil/ghee.





SANSKRITI- Holi -By Smita Madgavkar

Katachi Amti

Ingredients :

Dry coconut.....2 to 3 table spoon

Onion.....half medium size

Sesame seeds

Coriander seeds

Cumin seeds

Fresh coriander

Garlic

Curry Leaves

Turmeric powder

Red Chilli powder

Salt

Roast the dry coconut, sliced onion, sesame seed, coriander seed, cumin seed, black pepper together and then add fresh coriander and 2 to 3 garlic cloves to the roasted masala. Grind the masala to a fine paste. Take a vessel, add a little oil, once hot add 2 to 3 cloves of smashed garlic cloves, cumin seeds, curry leaves, a little turmeric powder and red chilli powder to taste. Katachi Amti is supposed to be spicy. Saute for a few seconds and then add the chana dal stock and bring it to a boil and then serve.





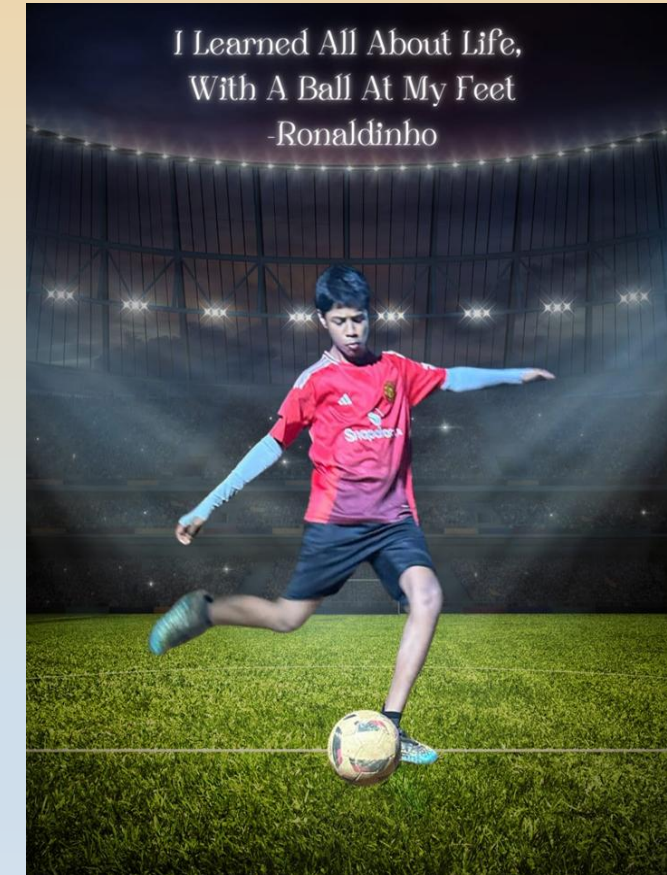
ROTARY FAMILY - Aspiring Football Player - Shlok Rahul Shinde



*Shlok Rahul Shinde
Son of Rahul Shinde &
Kiranjeet Kaur Adwal*

Football is a very interesting game that keeps the audience engaged with the game till last minute. Football is a game that is famous worldwide. When it comes to India, the game follows Cricket in fame. Football in India was introduced by the British Soldiers in the nineteenth century. Though the game was introduced as a part of Sports for Army teams, the game flourished among common people through Football Clubs.

Since the Age of 3, Shlok has been a hardcore football enthusiast, starting from "kicking the ball as hard as I can" to "hey that's a foul", Shlok has grown up to know the rules of the game and was also selected as The captain of the team and won a lot of medals and participated In numerous tournaments in school. He currently plays for the orange football team. He finds the sport very exciting which helps him strengthen his physical and mental abilities. Also loves playing football with his golden retriever, Simba.





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ROTARY FAMILY - Aspiring Football Player - Shlok Rahul Shinde



His favourite team is Real Madrid and is highly inspired by his favourite footballers Ronaldinho and Ronaldo.

He draws inspiration from words by Ronaldinho: " God Gives Gifts to Everyone, Some Can Write, Some Can Dance, He Gave Me The Skill to Play Football, And I Am Making the Most Of It"





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SUSH'S SURPRISE- Rang Barse Contest- Funky Holi Pics

Heena Srivastava
Main Hoon Khush Rang 😊



WINNER!!!



Preeti Parashar- "Mom: The Queen of Colors! Big bro: Too cool to care! Lil bro: Full-time troublemaker! Together, we're the ultimate Holi chaos crew! #CertifiedColorManiacs #HoliGoneWild"

Aaryaman Tripathi
Rangeelos,,,,, Holi Hain



Gurmeet Saggu
-Are kine mari pichkari tori bhigee angiya



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ROTARY IN ACTION- Medical Camps

Vibrant Year Medical Camps titled Aarogya supported by the CSR Initiative of L&T Realty and Larsen & Toubro Public Charitable Trust (LTPCT) are being conducted for the unorganized sector. 15 camps were conducted in February helping more than 1500 beneficiaries and taking the count of community medical camps held in the Vibrant Year to a **WHOPPING 100!!!**



POWAI TARANG

MARCH 2025

ROTARY CLUB OF BOMBAY POWAI



Rotary
Club of Bombay Powai
District 3141

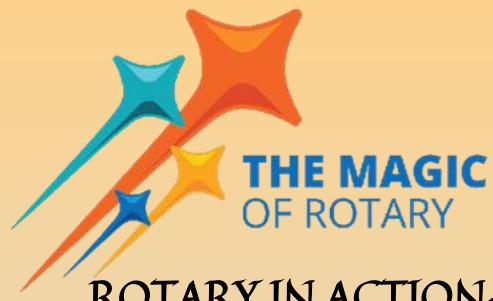


ROTARY IN ACTION- Annapoorna Services



Eight Annapoorna services were held during the month - one each at Asha NGO, Sneha Sadan, SEED Foundation and Ekta Mahila Samiti, benefitting 450 children and at Little Sisters of the Poor, Rathod Home, Saidham Home and Nityanand Home benefitting 150 seniors.





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ROTARY IN ACTION- Review of Infra + Toilet Renovation at Powai Marathi Madhyamik Shala

A review was undertaken by President Rtn, Dr. Susan Tripathi and Rtn. Kishore Degwekar of Powai Marathi Madhyamik Shala. This was to check on the request made by school Principal Ms. Shivani Karpe to ascertain the requirements. Later a contractor was sent to bring out the estimate of Rs.1.31 Lakhs. The project proposal was sent to Degwekar Foundation and it was approved. This school has been catering to the underprivileged students seeking admission for VIIIth, IXth & Xth Std. Students who have completed their studies in BMC schools upto std. VIIth, take admission into MPS to complete their studies till Xth. We thank Rtn. Kishore and Dr. Varsha Degwekar for funding this project.





ROTARY IN ACTION- Renovation at Rathod Old Age Home

Rathod Old Age Home is managed by Mr. & Mrs. Rathod, a very service oriented & humble couple, happily serving 38 senior citizens and 7 orphans in the facility. The work done at the home was plastering, painting of 10 rooms which are part of five row houses (two rooms each one up and one down). Electricals items like fans, lights have been fitted in all rooms and wiring too has been completed. Plastering and painting has been done in additional six rooms too. The renovated facility was inaugurated by President Dr. Susan Tripathi along with Project Director, Rtn. Savita, who were joined by Rtn. Latha Vanamali. Rathod home residents have forwarded an overwhelmed thank you note. RCBP is obliged to Sugom Trust, Sudha and Harish Iyer for providing their CSR Funds for this project.





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ROTARY IN ACTION- Inauguration of Vocational Center at Manjhi

Yuva Parivartan Vocational Centre trains members of the LGBTQ community in Kundan Jewelry making. The centre was functional in Jan 2025 and the inauguration ceremony was completed on 10th Feb, 2025. Rtn. Rajendra Datye, Chief Coordinator, Mr. Benjamin Felix, Head of People Function and few members of Carat Lane, Project Director, Rtn. Sudha Ajit and President Dr. Susan Tripathi were present for the ceremony. This will help the transgenders to generate good income, to be financially independent.





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ROTARY IN ACTION- Inauguration of Yuva Parivartan Vocational Center

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Rotary
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ROTARY IN ACTION- Fire Side Meeting

First Fire Side Meeting Was held on February 26 for all our new & prospective members of the Vibrant year at the Banquet Hall at Adonia. We had invited speaker Rtn. Rajith Menon, the Chief Learning Officer and District Rotaract Chair to address the gathering. Speakers of the evening were: 1. Rtn. Sunita Sainani 2. Pres. Rtn. Dr. Susan Tripathi 3. Rtn. Rajith Menon 4. Rtn. Vanamali R. 5. Rtn. Ashok Singh 6. Rtn. Hanuman Tripathi Post the above sessions, all the new & prospective members introduced themselves and shared their experiences and feelings of being in Rotary. They were also given an opportunity to ask any queries about Rotary which they had in their minds and the same was addressed by the above team.



POWAI TARANG

MARCH 2025

ROTARY CLUB OF BOMBAY POWAI



ROTARY IN ACTION- Sudoku & Scrabble Competition

Club Meet-The Best of Brains competed in the Sudoku and Scrabble evening held on Monday, 17th Feb, 25. We had a fun filled evening of fellowship with all present in the Forest Club meeting room. We had 17 Participants and 3 organizers + 3 audience members, a total of 22 member families present for this round of S & S. The entire room was buzzing with activity, and members were wrapped in attention trying to solve their Sudoku sheets with the clock ticking away. Next came the scrabble game, with the organizers informing all four teams about the games guidelines and the competition began. Every table had its participants trying to outdo the other teams. After around 55 minutes, when one team completed, all were asked to stop their games. All the awardees were presented with their prizes. It was an evening spent extremely well with friends having a great fellowship together to be remembered for long.





ROTARY IN ACTION- Powai Fest Success Party

RCBPs Vibrant Powai Fest success party was a great success like the Fest itself. 80 member families came together, in spite of it being a working day making it a memorable one. The presence & active participation of all added zing to the celebrations. It was truly amazing to watch all the PF 25 leaders come on stage along with their teams and relive the journey of their grand success speaking about their events. The vibrancy and camaraderie was so visible in all the teams. It is a very positive environment and we could manage the entire felicitations, speeches, music, laughter, DJ, Drinks and food quite well. Powai Fest surely is a nice Fevicol Ka Jod... which keeps our large team working together and to serve the community at the same time having great fellowship amongst us. A new prospective member joined us too.



POWAI TARANG MARCH 2025

ROTARY CLUB OF BOMBAY POWAI



Rotary
Club of Bombay Powai
District 3141



Club Service	: Sanjay Thakur
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Global Grant	: R Vanamali
Fund Raise	: Nikhil Madgavkar
CSR	: Gayatri Mishra Oleti
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Community Service	: Savita Govilkar
Vocational Service	: Sumita Mishra
Youth Service	: Tejal Sheth
International Service	: Kishore Degwekar
Dist. Special Focus Areas	: Kalpana Jaishankar
Governance & Compliance	: Ashok Singh
Citation & Awards	: Vivek Govilkar

Club ID 27861

Charter date: 11/03/1991

Office Bearers

President 24-25	: Dr. Susan Tripathi
IPP	: Dr Kamalini Pathak
President Elect	: Anju Ahluwalia
Club Secretary	: Yogesh Gupta
Treasurer	: Latha Vanamali
Vice President	: Mani Mamallan
Sargent At Arms	: Ashok Nandy
Joint Secretary	: Krutee Ranpara
Club Trainer	: Ameeta Vohra

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Nalini Raghavan, Dipanwita Dutt, Anurag Chadha, Vivek Govilkar,
Krutee Ranpara, Mangesh Balkhande, Sushmita Chandra

Chairpersons

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Women Empowerment	: Vidya Balkhande
Happy Schools	: Komal Sen
Powai Fest	: Amit Sheth
Medical Camps	: Punit Jain
Scholarships	: Adarsh Sakhuja
Toilet Blocks	: Sudha Ajit
RCC	: Vivek Bhide
Digital	: Zill Savla

Club Advisors

Harish Iyer, R Vanamali
Kishore Degwekar, Rakesh
Aggarwal, Shrikrishna Bhawe





Rotary
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District 3141



Rotary



March is
Water, Sanitation,
and Hygiene Month



DR/MCE